

# 1st Fighter Squadron captures AETC award

**Staff Sgt. James Cassidy**  
1st Fighter Squadron  
maintenance administration

The 1st Fighter Squadron won the 2000 Air Education and Training Command's Maintenance Effectiveness Award for Small Aircraft and will be competing at the Air Force level in November. This is the second time in three years that the "Fightin' Furies" have won this award.

In 1998, they also brought home the grand prize at the USAF level and are hoping to repeat this year.

The squadron leadership raised the bar and the "Fightin' Fury" maintainers responded, leading to an unparalleled turnaround during the last six months of the fiscal year. The "First and Finest" completed over 20,000 maintenance actions in support of its primary pilot training mission. Its aircraft mission capable rate continued to climb to a high of 86 percent for June, exceeding the 325th Fighter Wing's standard of 81 percent. Sound practices by dedicated maintainers led to an upward trend in daily average aircraft availability exceeding all goals while enabling the on-time graduation of 53 near-mission-ready F-15 pilots.

The squadron supported this heavy pilot training load while balancing a 25 percent deficit in qualified technicians. To work around this shortfall, they established highly structured maintenance management meetings, allowing the management team to focus on important long-term processes. A technician upgrade training program was implemented which reduced training time by 14 percent and was enthusiastically applauded by Brig. Gen. Terry L. Gabreski, U.S. Air Force director of maintenance. When it came to direct head-to-head competition with sister squadrons at the two Fiscal 2000 325th FW Turkey Shoots, the 1st FS was the team to beat. They culminated their dominance with a sweep of every single competitive maintenance category during Turkey Shoot 2000-2.

The squadron unselfishly participated in numerous quality-of-life programs such as the Special Olympics, Habitat for Humanity, the Bay County Beach Beautification Program, visiting veterans at the Bay Center Nursing Home on Veterans Day and the Combined Federal Campaign, raising \$8,548. The accomplishments and improvements of the 1st Fighter Squadron for Fiscal 2000 were outstanding.



Lisa Carroll

## Do you swear...

**Col. William L. Bledsoe, 325th Fighter Wing vice commander, re-enlists Chief Master Sgt. Wayne Jackson, 325th Mission Support Squadron military processing facility superintendent, right, Staff Sgt. Stephanie Nattiel, 325th Training Squadron information manager, middle, and Senior Airman Julie Grady, 325th MSS personnel specialist, left, Monday morning. This re-enlistment ceremony, which was arranged by Chief Master Sgt. Ron Georgia, 325th Fighter Wing career assistance adviser, was special because it re-enlisted someone from each enlisted career category — first term, second term and career.**

# Everyone has a role in keeping Halloween safe

**Tech. Sgt. Michael R. Kochera**  
325th Security Forces  
resource protection

The 325th Security Forces Squadron has joined efforts with other Tyndall agencies to ensure a safe and secure environment for the 2000 Halloween festivities. The security forces squadron, along with volunteers from around the base, will patrol all military family-housing areas on Halloween night, Oct. 31, starting at 6 p.m.

The ghosts of accidents past raise a few concerns for everyone. The spookiest kinds of accidents can occur if the parents of little goblins don't take a few simple precautions.

More than likely, you have heard the warnings about checking all trick-or-treat edibles for possible tampering before allowing your children to eat any of them. But it bears repeating since there have been instances where sharp objects or dangerous chemicals have been stuck inside candy or cookies by some ghoulish soul.

Parents should pay particular attention to the costumes their young charges are wearing and the goody-bags they are carrying. Both should be bright enough to be seen by motorists or decorated with reflective tape that can be purchased in numerous stores.

It's a good idea to make sure the old skull and crossbones outfit, or any other Halloween costume for that

matter, is flame resistant. That way, if a sleeve or cape gets caught up in a jack-o'-lantern with a real candle inside, it won't catch fire. Also, check the design of the costume your kids want to wear to prevent needless bumps, cuts or falls. Halloween clothing should not:

- Restrict the wearer's visibility.
- Be too long as to trip the wearer.
- Be equipped with decorative knives or swords that could cause injury. (Note: Such items should be made of soft flexible materials.)

Finally, it is a good idea for an adult or responsible teenager to accompany youthful trick-or-treaters at all times as they make their rounds. Children should be encouraged to

use sidewalks rather than streets and to walk instead of run from house to house. Additionally, children should stay away from houses that do not have their outdoor lights on to welcome visitors.

In making these suggestions, it's not the intention to take all the fun out of Halloween. To the contrary, our only interest is in reducing the possibility of accidents that could tragically transform would-be witches or werewolves into shadows of their former selves.

Even if you aren't responsible for anyone touring the town on All Hallow's Eve, you can do your part by accomplishing the following tasks:

- Turn on outdoor lights.

● Remove obstacles that could trip trick-or-treaters.

● Make sure jack-o'-lanterns are well removed from decorations or furnishings that could catch fire.

● Limit driving within the housing areas. (Note: If you must drive in the housing area, reduce your speed and drive carefully.)

Just remember there's no trick to making Halloween a treat. Dangers aren't from witches or spirits, but rather from falls, pedestrian and car collisions and candy tampering. Adult supervision and candy inspections are key to having a safe and happy Halloween.

For more information, contact resource protection, 283-9951.

# Arlington women’s memorial celebrates 3rd anniversary

**2nd Lt. Sarah McGuane**  
*11th Wing  
public affairs*

**WASHINGTON (AFPN)** — Hundreds of friends and families gathered at the Women in Military Service for America Memorial to celebrate the third anniversary of the memorial Oct. 15. The foundation’s president, retired Brig. Gen. Wilma L. Vaught, hosted the affair at the memorial, located at Arlington National Cemetery.

After the presentation of the colors, an invocation and a moment of silence for the USS Cole victims was observed and several gifts were presented to the memorial.

It seemed as if this year’s anniversary theme could easily have been “Service together and friends forever” because this sentiment was echoed and affirmed by many of the event’s special guest speakers and presenters.

Air Force Reserve Lt. Col. Cynthia Scott-Johnson, the artist of a painting titled “Athena,” presented the canvas to the memorial foundation for permanent display and said, “Athena, goddess of wisdom and war, is appropriate to be watching over the souls of the men and women who have served in the military.”

Also on hand at the ceremony was the state director of Veterans Affairs from New Mexico, Michael D’Arco, who delivered a donation from his state to the foundation.

Navy Lt. Cmdr. Susan Kilrain, an astronaut, also presented a space shuttle mission display to the memorial. Kilrain recalled how the efforts of women before her to enter pilot training, fly F-14 Tomcats and enter

test pilot school allowed her to get to the point where she is today.

“I am lucky to have been born in this time. Just in the nick of time, doors opened before me,” Kilrain said. She presented a collage featuring a pin from the Women in Military Service for America Memorial and an American flag that had been flown on a space mission with the first woman commander of the space shuttle, Air Force Col. Eileen Collins.

“The pin flew to 150 nautical miles, 18,000 kilometers per hour, 80 earth orbits ... it was an honor to carry it with me,” Collins said on the inscription below the collage.

Chair plaques on the backs of the chairs at the memorial theatre were also unveiled, and many who had plaques honoring them were present and recognized at the event. Flag flanges for state flags in the Hall of Honor and a bench plaque were also presented to the memorial.

Retired Brig. Gen. Diann Hale-O’Connor, former chief of the Air Force Nurse Corps, said, “It is very nice to be able to come here, and it’s an honor to be here with a lot of the women here who were pioneers. What they did for us, and the groundwork they laid will not be repeated. It can never be duplicated.”



Courtesy photo

**At the Women in Military Service to America Memorial’s third anniversary celebration held Oct. 15 at Arlington National Cemetery, retired Brig. Gen. Wilma Vaught (left), helps Navy Lt. Comdr. Susan Kilrain unveil the space shuttle mission display collage. Kilrain, a Navy astronaut, made the artwork presentation on behalf of Col. Eileen Collins, who is also an astronaut and was the first female spacecraft commander.**

## Remember:



*Set your  
clocks back  
one hour at 2  
a.m. Sunday,  
Oct. 29. (Or  
for those who  
don’t stay up  
that late, set  
them back  
before going  
to bed!)*



*Get that extra  
hour of sleep.*



# Everyone needs to practice Halloween fire safety

**Bobby Richardson II**  
*325th Civil Engineer Squadron  
fire inspector*

To protect children participating in Halloween activities from fire and burn injuries, parents should plan ahead. Taking simple fire-safety precautions, such as making sure fabrics for costumes and decorative materials are flame resistant, can prevent fires. Using candles greatly increases the

chance of fire. Instead, use flashlights to light pumpkins and for other decorative effects. Decorations for special events, most often involving candles, account for an annual average of 800 home fires, causing nearly \$4 million in property damage. Additionally, in the United States, more than 100 people die each year as a result of their clothing becoming ignited. Halloween can be a fun celebra-

tion, but children need to be supervised and their costumes made with fire safety in mind. The Tyndall Fire Department suggests the following guidelines for a safer Halloween:

- Purchase only those costumes, wigs and props labeled as flame resistant or retardant. When creating a costume, plan carefully to ensure that it won't easily ignite if it comes in contact with heat or flame. Costumes should be made

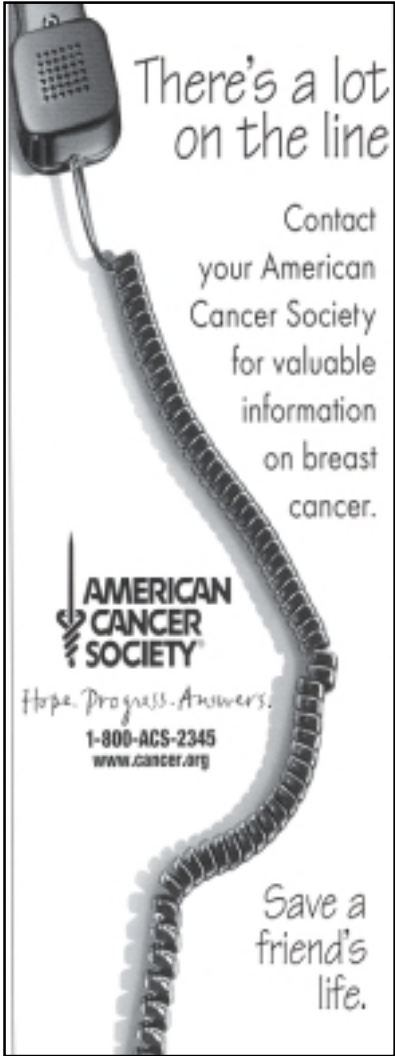
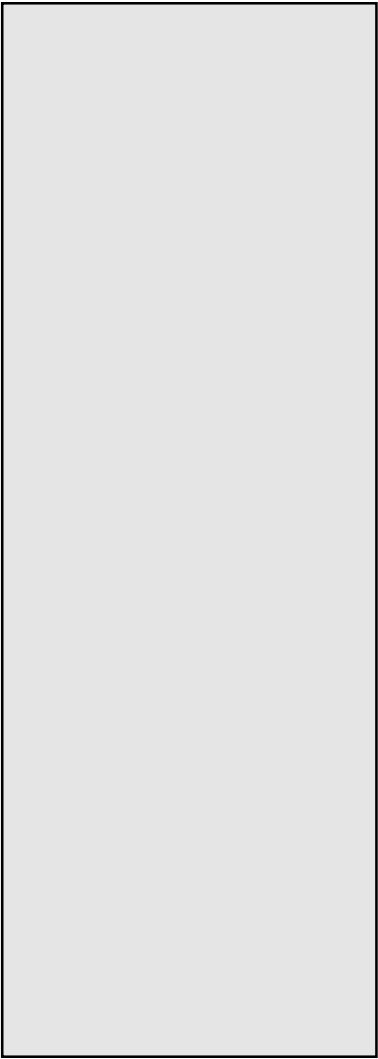
without billowing or long, trailing features that present a higher risk of ignition. Avoid highly flammable fabrics and accessories.

- When planning party decorations, bear in mind that dried flowers and cornstalks are highly flammable. Keep crepe paper and other decorations well away from all heat sources, including light bulbs and heaters. Decorating with candles should be avoided. Pumpkins can be safely illuminated with small, inexpensive flashlights. When decorating, remember to keep exits clear. Be sure children are supervised at all times.
- With a little creativity, using flashlights instead of candles or torchlights to decorate walkways and yards is highly effective in creating a festive atmosphere and it's much safer for trick-or-

treaters.

- Instruct children to stay away from open flames or other heat sources. Be sure children know the stop, drop and roll technique in the event their clothing catches fire. (**Stop** immediately, **drop** to the ground covering your face with your hands, and **roll** over and over to extinguish the flames.)
- Instruct children who are attending parties at others' homes to locate the exits and plan how they would get out in an emergency.
- Provide children with flashlights to carry for lighting or as part of their costume instead of candles.

All of us at the Tyndall Fire Department want to wish everyone a happy Halloween. For more information call the fire prevention section, 283-2909.



# DOD winning 30-year war against drugs in the ranks

**Gerry J. Gilmore**  
*American Forces Press Service*

**WASHINGTON (AFPN) —** The incidence of service members using illegal drugs is at a 20-year low, evidence that the Department of Defense is winning the war against drug abuse in its ranks — a conflict that began during the Vietnam War.

Ana Maria Salazar, DOD deputy assistant secretary of defense for drug enforcement policy and support, said drug use by DOD personnel is down 90 percent compared to two decades ago. Just 2.6 percent of all service members reported drug use within the 30 days preceding their response to a 1998 survey, she said. More than 27 percent of respondents in a 1980 survey said they used illegal drugs in the preceding 30 days, she noted.

“Overall, the use of illegal drugs by service members is down. Drug use has decreased every year since we started monitoring it in 1980,” Salazar said.

She pointed to the effectiveness of the DOD’s “zero tolerance” policy toward drug use, pre-employment and random drug testing and substance abuse education programs. Salazar also cited the DOD’s participation in such drug awareness information campaigns as national Red

Ribbon Week — Oct. 23-31 this year.

“Drug use is incompatible with military service,” she said. “Not tolerating drug use is the cornerstone of our deterrence program. “Our system identifies users and ensures that they are punished. This approach deters drug use by other service members and promotes readiness.”

Salazar said drug use “has always been a national security concern” that affects both the Defense Department and civilian society. According to the Office of National Drug Control Policy, illegal drugs cost the national economy \$110 billion in expenses and lost revenue in 1995, she said.

“Drug use by service members threatens their readiness to defend our nation,” she said. “Drug use by society in general damages our ability as a nation to have a strong economy with citizens who are focused on healthy lifestyles. This, in itself, threatens security.”

Almost a third of service members weren’t living drug-free lifestyles 20 years ago, but drug use had become a problem for the U.S. military much earlier, Salazar said. In 1970, increasing numbers of service members in Vietnam were found to be using heroin and other illegal drugs. This prompted President Richard

Nixon in 1971 to direct the secretary of defense to initiate a program of drug prevention, identification of abusers and treatment.

Throughout “the post-Vietnam era” of the 1970s and early 1980s, many young Americans — military and civilian — experimented with illegal drugs like marijuana, LSD and cocaine. The DOD had been conducting drug tests on service members since 1971, in large part to identify and treat heroin addicts who’d picked up the habit in Southeast Asia, Salazar said.

Ten years later, service members were found to be using more and different types of illegal drugs. Drug use in the military was prevalent, with the 1980 military survey identifying disturbing drug abuse problems among both enlisted members and junior officers, Salazar said.

“At that time, units with as many as one-third of their members using drugs were unprepared for combat,” she said.

The tripwire was an explosion aboard the aircraft carrier USS Nimitz on May 26, 1981. The ship suffered 14 people dead, 48 injured and \$150 million in property losses, including seven aircraft destroyed and 11 damaged. The DOD adopted its “zero tolerance” drug policy in 1982 after investigators indicated

Nimitz crewmen’s drug use possibly contributed to the disaster.

“Drug users are more prone to have accidents, to use poor judgment and more likely to injure themselves and others ... the disaster aboard the Nimitz is a grim reminder of this fact,” Salazar said. “As a group, drug users have demonstrated that they do not maintain the unit morale necessary to carry out the dangerous duties we demand of military personnel.”

As part of its drug-deterrence efforts, “The DOD must encourage its members to become active in drug education and community support,” Salazar said. Each of the services manages programs that distribute information on the dangers of drug use, she said.

“Among the most effective educational tools are local community programs that focus on children and families,” she said. The annual Secretary of Defense Community Drug Awareness Award, for example, recognizes outstanding service-level drug-awareness programs. Many of these programs, Salazar said, feature service members interacting with military and civilian communities as educators and youth role models.

DOD officials are also alert for any new patterns in youth drug

use, such as the illegal “designer drug” Ecstasy. Service members’ use of Ecstasy, although small, increased from a prevalence of 0.004 percent in Fiscal 1998 to 0.019 in 1999, Salazar said.

“Civilian police agencies tell us in 1999 elements of organized crime dramatically increased the amount of Ecstasy sold on the streets,” she said. “Large numbers of young people across the nation began to use this dangerous drug, which can cause brain damage, and some of them died as a result.”

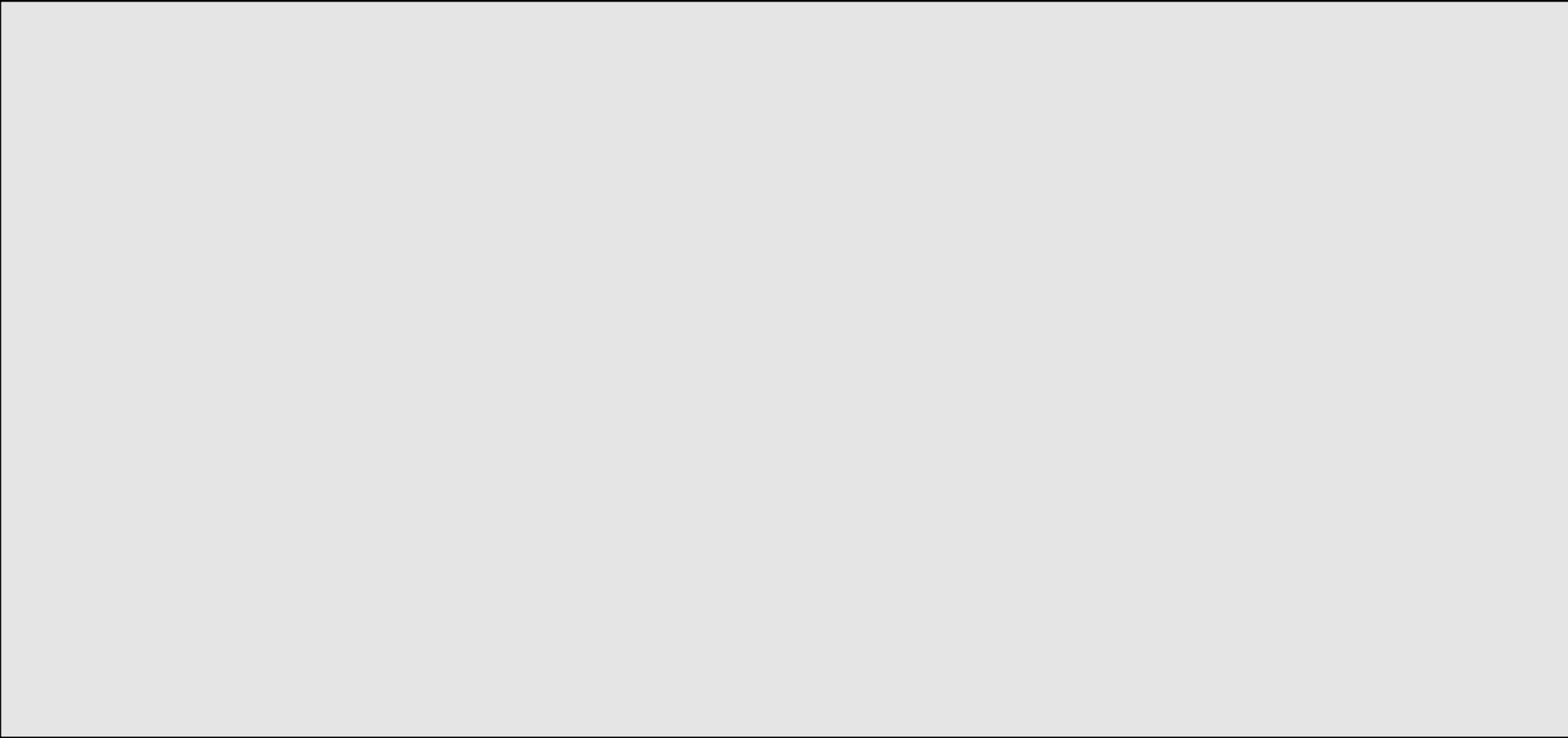
The DOD anticipated Ecstasy might be an emerging drug and mandated testing in 1997, Salazar said, noting “through testing we’ve deterred many young people from using the drug.” This year, she added, the DOD plans to use a more sensitive drug test that will identify more Ecstasy users.

Salazar credits the DOD’s drug urinalysis program as being “one of our most effective programs” in fighting the war against drugs in the ranks.

“When any drug users are identified, appropriate punitive action is taken, depending on the program, and can range from mandatory rehabilitation to courts-martial,” she said. “The numbers speak for themselves in measuring the effectiveness of this program.”



**Look *Sharp* – show Tyndall pride!**





# Viewpoint

## Gulf Defender Editorial Staff

**Brig. Gen. William F. Hodgkins**  
325th FW commander

**Capt. John Dorrian**  
325th FW public affairs officer

**Tech. Sgt. Sean E. Cobb**  
editor

**Tech. Sgt. Mona Ferrell**  
assistant editor

**Teresa Nooney**  
News Herald staffer

**2nd Lt. Angela Rogers**  
staff reporter

**2nd Lt. Chuck Lee**  
staff reporter

**e-mail**  
editor@tyndall.af.mil

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For more information, or to advertise in the newspaper, call (850) 747-5000.

## Safety stats

Category	'00	'99	Trend
On duty	1	0	+1
Off duty	7	6	+1
Traffic	3	1	+2
Sports	3	5	-2
Fatalities	1	0	+1
DUIs	13	7	+6

# Commander's Corner:



Col. Bledsoe

**Col. William L. Bledsoe**  
325th Fighter Wing  
vice commander

Last week ended with a successful “ORI Day”, and the feedback I’ve gotten indicates everyone accomplished a lot toward their unit, group and wing goals. At the same time, we also found many areas still needing attention... but that’s a good thing. We’re only a few short weeks from ‘game day’ and by now you should be putting the finishing touches on your playbooks. During the next couple of months we’ll continue to hone skills needed for the ORI by exercising, testing and evaluating. I encourage you to keep pressing forward and use each of these opportunities to the fullest.

Speaking of opportunities, I had a great one Monday when I was fortunate to re-enlist three individuals representing each tier of service: first term, second term and career. Congratulations to **Senior Airman Julie Grady**, 325th Mission Support Squadron, **Staff Sgt. Stephanie Nattiel**, 325th Training Squadron and **Chief Master Sgt. Wayne Jackson** 325th MSS. Re-enlistment is a special time in someone’s career, whether at the beginning, middle or later years, and it represents the very essence of the word commitment. In today’s world we ask a lot of people in our profession, and by raising their hands they acknowledged the challenge, accepted the responsibility

and publicly embraced the commitment to their service, country, families and profession.

Finally, I want to acknowledge a group of people recognized last week for their outstanding ‘airmanship.’ Oct. 19 we announced the Team Tyndall and 325th Fighter Wing Quarterly Award winners, a great group of folks.

The winners are Team Tyndall and 325th FW Airman of the Quarter, **Airman 1st Class Heath Marlin**; Tyndall Associate Unit Airman of the Quarter, **Senior Airman James J. Delo Jr.**; Team Tyndall and 325th FW NCO of the Quarter, **Staff Sgt. Christopher L. Pollitz**; Tyndall Associate Unit NCO of the Quarter, **Staff Sgt. Tyffiney A. Kellum**; Team Tyndall and Associate Unit Senior NCO of the Quarter, **Senior Master Sgt. Randall K. Skinner**; 325th Fighter Wing Senior NCO of the Quarter, **Master Sgt. Wanda E. Daniels**; Team Tyndall and 325th Fighter Wing Company Grade Officer of the Quarter, **Capt. Rob Hurst**; Tyndall Associate Unit Company Grade Officer of the Quarter, **1st Lt. David Kempisty** and Tyndall Honor Guard Member of the Quarter, **Senior Airman Mathew Hall**.

Congratulations to all the winners and to those nominated throughout the base. We take great pride in all Team Tyndall members and you folks will represent us well. Have a great week and remember, America’s Air Force... No one comes close!

# PA announces results of readership survey

**Capt. John Dorrian**  
325th Fighter Wing  
public affairs

The *Gulf Defender* is Team Tyndall’s community newspaper, and our charter is to provide information our readership needs to know and to recognize their achievements and service to our

nation. To help measure our success in doing that, we recently sent out a readership survey to nearly 400 of you. The purpose? To get your feedback and use it to determine how we can better serve you in the future.

As with any survey result, our

●Turn to READER Page 7

## Action Line



2nd Lt. Angela Rogers

**Tech. Sgt. Christine L. Beaudion**, 95th Fighter Squadron weapons load crew chief, points out the features of the LAU-128 canard spring on an F-15 to **Col. Charles K. Shugg**, 325th Operations Group commander.

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency. The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first

sergeants or facility managers. If you’re not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For **fraud, waste and abuse** calls, you should talk to the office of inspections, 283-4646. Calls concerning **energy abuse** should be referred to the energy hot line, 283-3995.

**Brig. Gen. William F. Hodgkins**  
325th Fighter Wing  
commander

**Q. I am calling because a MediaCom line is exposed in housing on the ground. I reported it some time ago and was told it would be buried in January 2000. It has yet to be buried.**

**A:** Thank you for your concern as we should all recognize the threat an exposed cable line in housing creates for our people, especially children. MediaCom was contacted and they began working on Oct. 10 to bury the exposed line. On Oct. 11, the exposed line no longer posed a threat—the line

was buried. If a hazard in housing, such as the one you raised a concern about, once again becomes apparent, please remember to call our Housing Management Specialist, Mrs. Mary Ann Barbieri, at 283-8140. Contacting the housing office not only makes the Housing Management Specialist cognizant of housing problems that arise, but it also allows them the opportunity to fix the problem. Thank you for your patience as we continually strive to make Tyndall’s housing area a safer place to live.

## Tyndall Pride

*The BDU baseball cap may attach to either lower pants pocket button on the BDU trouser legs and the regular BDU cap should be stowed in either of the lower cargo pockets on the trousers when not in use. — AFI 36-2903.*

# AF sheds light on domestic violence

**Staff Sgt. Jim Moser**  
*14th Flying Training Wing  
public affairs*

**COLUMBUS AIR FORCE BASE, Miss. (AFPN)** — The leading cause of injury to women in the United States between the age of 15 and 44 is domestic violence, according to the Federal Bureau of Investigation.

Statistics show domestic violence causes more injuries than car accidents, muggings and rapes combined. The military community is not immune to the problem. During Fiscal 1999, there were more than 12,000 substantiated reports of domestic violence within the armed forces, and women weren’t the only ones suffering from it. Men were also victims, but in smaller numbers, according to an FBI pamphlet on domestic violence.

However, physical abuse is only one side of domestic violence, according to a family advocacy spokesperson at the Air Force Medical Operations Agency, Brooks AFB, Texas.

There is economic abuse, which is the overbearing control of finances; emotional abuse, including threatening children and pets; and sexual abuse, forcing someone to perform sexual acts they don’t want to do. These are all part of family violence, the family advocacy spokesperson said.

“Domestic violence is a lot like a disease,” said Mollye Cash, 14th Medical Group family advocacy intervention specialist at Brooks AFB. “Prevention through educa-

tion is the key to stopping family violence. It’s much easier to prevent a disease than to cure one.”

The Air Force offers “quite a few programs” to teach people ways to communicate and to give them the tools they need to solve problems without resorting to violence, added Cash. While education prevents the violence from starting, it doesn’t break the cycle of domestic violence once it has started.

“This may sound a little strange and hard to understand, but the person (being abused) needs to realize that he or she is a victim,” Cash said. “So often in cases of domestic violence, the victim’s mental frame of mind is completely shaken. He or she can be so riddled with guilt, whether it is self-imposed or implied by the batterer, or be in such a complete state of denial the person can’t or won’t admit what is happening.”

Even if the victims do understand what is going on and that it is wrong, many still do not seek help, Cash explained. Sometimes victims are afraid of retribution by the batterer or they are simply too ashamed to get help.

“Feelings of failure, loneliness, guilt, helplessness and (lack of) love can be powerful motivators in a person’s life,” Cash said. “Some don’t leave because they simply have no money or nowhere to go.”

But realizing they are victims is only the first step in the process of getting help, she said. Victims need to come up with a safety plan.

“Staying in abusive relationships can be likened to cancer,” Cash

said. “People who are involved in these relationships go through denial just like some cancer patients. Relationships can go into ‘remission’ where things are fine for a while, but then return to a violent state. In the end, both can be fatal.”

Both abusers and victims can be treated by therapy, but sometimes they physically need to be separated, Cash said. This is where the safety plan pays big dividends. It’s a plan someone uses to escape to safety when they are in danger, whether it is at a friend’s or relative’s home, church or a shelter.

However, domestic violence poses a very real danger for military spouses, Cash said.

“Moving away from home and moving every few years makes it hard to build support networks,” Cash said.

For example, young military spouses in foreign countries may not speak the local language. The only person they might know in the entire country is their spouse, who is the main threat, Cash added.

“There are three things we want the victims to know — they’re not alone, they’re not to blame and there is help available. No one deserves to be abused,” Cash said.

Family advocacy programs can help military people overcome situations like domestic violence and create healthy families. If you are a victim of domestic violence, contact your local family advocacy office or call the National Domestic Violence Hotline at (800) 799-7233.

# Domestic violence: where to find help

*Courtesy of the 325th Medical  
Group family advocacy office*

While mental health services may be appropriate and quite helpful after the crisis of abuse has passed, or as support as a person tries to extricate him or herself from an abusive situation, the problem of abuse requires a complex intermeshing of various community services.

In the case of sexual or physical child abuse, it must be reported immediately to Child Protective Services. If you have any questions or concerns, you can call the National Child Abuse Hotline number: (800) 422-4453 or the Florida Child Abuse Hotline number: (800) 962-2873.

With other types of abuse, the primary and most effective way to initiate help is by calling the appropriate hotline. If you call the national hotline, they will refer you to or connect you directly with your local hotline:  
Elder Abuse: (800) 992-1660  
Sexual Assault: (800) 656-4673  
Domestic Violence: (800) 799-7233

After the crisis passes and the victim is stabilized, hotline volunteers, who are often linked to freestanding service centers, will likely make appropriate referrals. Even if someone calls

the hotline because his current crisis is rooted in a childhood experience of sexual abuse or incest, the volunteer will help stabilize him and make appropriate referrals. Depending on the circumstances, these may include:

- Legal services and advocacy.
- Individual counseling and support groups.
- AIDS and sexually transmitted disease testing and other medical services.
- Divorce workshops and counseling centered around custody issues.
- Women in transition programs that help women leave abusive home situations.
- Emergency shelter and transitional housing.
- Employment and financial counseling.
- Counseling and other help for the offender or batterer.

The Panama City Domestic Violence and Rape Crisis Program is located at 1609 Lisenby Avenue, Panama City, Fla. 32405. They provide emergency shelter, information and referral services, counseling, outreach, support groups, community education and rape crisis services. Their 24-hour crisis line numbers are 763-0706 or (800) 252-2597 if you live outside of the Panama City calling area.



**Thinking about  
getting out?  
Think again!**

*Get the facts first.  
Call Chief Master  
Sgt. Ron Georgia,  
325th Fighter  
Wing career  
assistance adviser  
at 283-2222 (283-  
Career Assistance  
Advice Anytime).*



# PCM finalized at Tyndall

**TYNDALL AIR FORCE BASE, Fla.** —The 325th Medical Group, in line with guidance from the Air Force Surgeon General, has implemented the final phase of Primary Care Management at Tyndall. What does this mean to you? It means that in addition to being assigned to a Primary Care Management team, as you currently are, you will be assigned to a specific provider, referred to as your Primary Care Manager. Your PCM is part of your Primary Care Management team, which is composed of providers, nurses and medical and administrative technicians. Your PCM, supported by other members of your health-care team, is responsible for providing your care, including arranging for any required specialty care. When you call requesting an appointment, you will be booked with your specific PCM. In the event they are not available, due to

leaves, TDYs, etc., you will be offered an appointment with another provider in your Primary Care Management team. This concept combines the best of military, civilian and community medicine by creating an advanced, efficient health-care delivery system that will maintain the well-being and readiness of military members and their families. Enrollment to specific PCMs began in early May with the pediatric clinic, and ended Oct. 13 with the family practice, flight medicine and internal medicine clinics. All military members and their family members were enrolled to the same PCM, with certain Air Force Specialty Codes and their dependents being enrolled to flight medicine. Retirees, their dependents and other categories of beneficiaries were enrolled to the provider most frequently seen over the last 12

months. Beneficiaries who have not yet been seen by any of our providers or who have not been seen more than once over the past year were equitably assigned to any available PCM. Letters were sent notifying you and family members of your assigned team and PCM. In line with TRICARE guidelines, you will have the option of changing your PCM or Primary Care Manager team up to two times per year depending on provider availability. Details on how to change your PCM were included in a letter sent to each family. A brochure, also included, provides you with detailed information about your health-care team, procedures to follow, and additional phone numbers for the clinic. If you have any questions concerning PCM enrollment, contact the managed care office, 283-7331.

## Spotlight



2nd Lt. Chuck Lee

**Staff Sgt. David Wilcox**  
**Squadron:** 325th Mission Support Squadron  
**Job title:** Customer Service NCOIC  
**Years at Tyndall:** One  
**Hometown:** Blackfoot, Idaho  
**Why did you join the Air Force:** To proudly serve my country.  
**Most exciting facet of your job:** Working with customers and ensuring they have the correct information in their records.  
**Short-term goals:** Finish upgrade training and make technical sergeant.  
**Long-term goals:** Retire from the Air Force as a senior NCO.  
**Favorite book:** “Air Force Manual 10-100”  
**Favorite movie:** “Saving Private Ryan”  
**Hobbies and off-duty activities:** Golf, racquetball and enjoying Florida.

### ●READER from Page 5

readers let us know we’ve got strong and weak points. I was very pleased that 96 percent of the respondents read the paper at least occasionally, and that about 89 percent read it every week. Eighty-six percent of you felt the Gulf Defender kept you fully informed of base events, and 75 percent considered the Gulf Defender a vital source of base news. However, we are not the primary news source for our readership about Air Force involvement in world events—about 73 percent of the respondents chose other avenues, like Air Force Times or local and national news broadcasts, to get that type of information. In terms of the type of coverage we produce, the base paper got high marks for coverage of personal recognition and promotions, base recreational activities, institutional awards, and coverage of Air Force leadership, people, modernization and core values. In fact, responses averaged well over 80 percent positive for these areas. However, you let us know we have plenty of room for improvement. Our coverage of base crime, retirement benefits, local (off base) events, and quality-of-life issues like health care, housing and child care rated below 70 percent positive. You can expect us to try and boost our coverage of these areas in future editions. We also got some useful (and sometimes colorful) feedback in your written comments, and you

gave us some good ideas. We’ve already implemented some of the suggestions, because we believe they provide good value to our customers. One is to re-emphasize the timeliness of the Commander’s Action Line program, and you’ve probably noticed more inputs recently. Another is to provide a means for our readers to place free ads in the base paper for sale of personal items. We have received some other suggestions where we’d like to hear more feedback from you. One suggestion was to “have a regular ‘people’s corner’ that gives readers an opportunity to talk more about what bothers them and what they like.” Others wanted to see more sports coverage. What do you think? Here’s the bottom line — we want the Gulf Defender to be useful and enjoyable to you. We want our people to be proud of the recognition they receive in it, and we want the people that use the base paper as a tool to provide information to be satisfied with the service we provide. The results of the survey indicate we’re doing a solid job, but that we can improve. I can assure you we’re always looking for ways we can improve the value of the Gulf Defender to our readers, and when we hear from you, we listen! This survey is complete, but we’re open to reader feedback all the time. Please feel free to call me at 283-2983 or drop me an e-mail at [john.dorrian@tyndall.af.mil](mailto:john.dorrian@tyndall.af.mil) with your ideas, and don’t forget to pick up next week’s edition of the Gulf Defender.

# Feature

## Blowing stuff up: At AFRL sometimes they have to blow things up to save people

**2nd Lt. Angela Rogers**  
325th Fighter Wing  
public affairs

"How did they come up with that?" is a commonly asked question these days. Lately, it seems as though technology is constantly becoming more advanced and bringing the impossible closer to reality.

At Tyndall, such advances are being made at the Air Force Research Laboratory's Force Protection Branch. Force protection is very important to the Air Force, said 2nd Lt. Jason Armstrong, AFRL force protection branch project engineer. "It doesn't just cover Air Force personnel but even civilians working in embassies, for example," he said. "When it comes to force protection, everyone's safety is at stake."

Research at the lab is mainly concerned with protecting American war-fighters deploying abroad. "We look at everything from conventional weapons to terrorist attacks," said Capt. David Shahady, AFRL force protection branch robotics research group chief. "We see what we can do actively, offensively and defensively to protect against some of those threats," he said. "Our biggest focus is to protect the war-fighters here and abroad so they can accomplish their mission."

There are many concerns involved with protecting personnel, said Shahady. "Every year, Air Combat Command comes to us with a Mission Requirement Plan, which is a list of their biggest concerns," he said. "One of the problems they wanted us to solve was the vulnerability of the lightweight trailers that we use when our troops are deployed. When a bomb goes off, the trailers will get wiped out and the people inside will receive fatal injuries."

After ACC gives them a problem to solve, the team sits down and the brainstorming process begins. "First, we begin with rudimentary experimentation," Shahady said.

"We started by putting Kevlar material on the outside of the building but it was very expensive," he said. "Then, we tried using glass fiber fabrics and composite fabrics, but the glue we were using was very time intensive. Pretty soon, somebody suggested using the glue itself. We started looking at spray-on truck bed liners and found that it worked pretty well. Finally, our team developed a polymer material that was a bit stronger and not quite so rubbery."

Rubbery exterior walls can help reduce fragmentation of the building from the blast, Shahady said. "It is the fragments from walls and windows that kills people and not the blast itself," he said. "In the next few years, you'll see structures that are much stronger and more able to withstand a blast. The incident with Khobar Towers showed that when people go overseas, we are not always able to keep everyone safe at all times."

In addition to making the buildings tougher, the researchers are thinking of ways to attach solar panels to tents and convert waste into energy, said Lt. Col. Donald Huckle, AFRL force protection branch deputy chief. "You can have a source of energy, but you also don't have to have folks from the host nation drive onto your base which could actually be a threat," he said. "If a big truck pulls onto your base, you could be opening yourself up to trouble."

In order to test the buildings, the AFRL must do research on the explosions themselves. "We do a lot of research on homemade explosives," Armstrong said. "These days we're interested in the niche organizations that may improvise an explosive device using fertilizer and a booster — a standard recipe for explosives. Then, we use equipment to measure the velocity and pressure of a blast. There are also high speed cameras that can shoot 500 to 1000 frames per second so we can see how things are moving."

The lab is not only concerned with creating explosives but also disposing of them. "The goal of the robotics research group is to infuse a piece of remote control, semi-autonomous or autonomous equipment to help do the dirty, dull and dangerous tasks," Shahady said. "We've worked a lot with active range clearance. Ten to 15 percent of all the bombs dropped don't go off and someone has to go pick them up. We're trying to develop robotics systems that will pick up the live munitions and take the explosive ordnance disposal troops a little bit out of the loop."

"Out at Eglin, the armament group tests a lot of prototype weapons and no one is quite sure what they can do," he said. "Working with Eglin, we developed the All-purpose Remote Transport System. It is fitted with manipulator arms that can handle, pick up, and defuse the test munitions."

"The ARTS is a commercial bulldozer that we've designed to be a robotics system," Shahady said. "It

lets the operator use a remote control as far away as two miles from the vehicle. The ARTS can be used with a myriad of tools including manipulator arms, blast shields, backhoes and other devices. We built it to do multiple things to give the war fighting commander a number of options."

According to Shahady, the ARTS has already been used by EOD personnel at Tyndall and Eglin and even in Kosovo. "It's exciting to see something that the team developed as an idea being put to use out in the field," he said. "It's a tough process. 'There's a lot of pain, a lot of sweat and a lot of tears to get some things out but when you see Joe Airman using a piece of technology that you helped develop, it's worth it. We saved a life because we worked hard.'"

People do not always realize all the work that takes place far away from the battlefield. "We're not on the front line but we're developing things for the people who are," Armstrong said. "We come up with new ideas to help people do the mission simpler and safer."

Personnel at the Air Force lab receive a high level of gratification at the end of the problem-solving process. "We get to use our creativity, our engineering skills and our minds to think outside the box and come up with an unusual solution to an Air Force problem," Shahady said. "It's neat when you see ACC's list of problems and there are problems that have disappeared from it as a direct result of things we have done at the laboratory to solve them."



Photos by 2nd Lt. Angela Rogers



**Top: 2nd Lt. Jason Armstrong, AFRL force protection branch project engineer, extends the antenna on the all-purpose remote transport system. The ARTS can handle, diffuse and pick up test munitions. Middle: Capt. David Shahady, AFRL force protection branch robotics research group chief, works at the remote control station for the ARTS, which can be controlled from up to two miles away. Bottom: Shahady works on the autonomous mobility research and development system. AMRADS is a research platform for new robotics software.**





# 83rd FWS finds, helps correct missile problem

**Capt. Timothy Oldenburg**  
*53rd Weapons Evaluation Group  
executive officer*

Those of you who may have been around Tyndall a while may be familiar with the very unassuming building on the southeastern end of the flightline that says “53 WEG” on the front. But for those of you who haven’t had the pleasure of attending some sort of briefing in the “WEG Auditorium” and sometimes wonder what goes on down at the WEG...here’s a bit of information that will broaden your knowledge of the base and the Air Force.

Under the auspices of the Air-to-Air Weapon System Evaluation Program, better known as “Combat Archer”, a team of engineers, technicians and pilots at the 53rd Weapons Evaluation Group, 83rd Fighter Weapons Squadron run live missile firings that evaluate the air-to-air combat capabilities of the Air Force. The members of this squadron have one of the greatest responsibilities in the Air Force. That responsibility is to provide the USAF with the best tactical weapons systems analysis in the world. Part of this responsibility is to ensure that when one of the Air Force’s top combat weapons experiences a failure it does not go unheeded.

A recent event has highlighted the importance of this engineering analysis. During the past year, the engineering analysis team in the 83rd FWS discovered a significant anomaly that had a major impact on air-to-air missile employment in the Air Force. Had this anomaly gone undiscovered it may have caused a reduction in the combat potential of the missile and reduced the Air Force’s ability to fly, fight and win. Due to the initiative of the analysts at Combat Archer, this major

anomaly did not go unheeded by the people who could ensure a fix was implemented. During routine analysis of post-flight missile data, the missile analysts at the 83rd FWS discovered that the fins were not unlocking on several of the AIM-120 Advanced Medium Range Air-to-Air Missiles fired. This fin-unlock failure causes the missile’s directional control surfaces to stay fixed in one position throughout its flight and prevents the missile from guiding to its intended target. After four in-house inquiries were completed it was decided to stop firing AMRAAMs at the WSEP. This prompted the AMRAAM Joint System Program Office to task Raytheon to begin a major investigative engineering analysis to resolve the problem. After extensive laboratory and historical live-fire shot analysis, it was determined that three mechanical materials subjected to high altitude, cold-temperature flight conditions were the major contributors to the failure. The engineers at Raytheon replicated the environmental conditions in their workshop and instigated a redesign. Upon completion of Raytheon’s analysis and recommendations from the 83rd FWS, a procedural change to remove and replace the existing hardware was generated and is currently being implemented. The 83rd FWS combat munitions unit has tested these procedures on over 40 missiles. To date, WSEP has successfully fired five missiles with the redesigned components and intends to continue firing the redesigned missiles to ensure the fin-unlock anomaly no longer occurs. As you can see, Tyndall is not only at the forefront of keeping the warfighter’s skills honed but also in keeping the Air Force’s weapons the sharpest in the world.



Tech. Sgt. Sean E. Cobb



Tech. Sgt. Sean E. Cobb



Major Gary Klett



Tech. Sgt. Sean E. Cobb

**Will Collier, Verdian Engineering lead AIM-120 engineer, left, goes over AIM-120 missile data with Capt. Bob Frank, 83rd FWS missile analysis flight commander.**

# Many options available for breast cancer treatment

**Capt. Laura J. Palm**  
325th Medical Operations Squadron  
family practice clinic

Breast cancer continues to be a concern for women around the world. This year alone, 182,800 American women will be diagnosed with breast cancer. There are several treatment options available to women who have been newly diagnosed .

First of all, once a woman is diagnosed with breast cancer, the lab “stages” the cancer, or decides how severe the cancer is. Treatment usually depends on the staging of the cancer found. Some women will have multiple treatment plans offered for their type of breast cancer. Normally, the patient will work with a surgeon, an oncologist and a radiologist. All doctors involved must work together as a team to come up with the best treatment plan for the individual.

The patient may have local therapy, or it may be combined with systemic therapy. Local therapy is to treat the main breast tumor. Surgery and radiation are examples of local therapies. Systemic therapy is given through the bloodstream to reach cancer cells that may have spread beyond the breast. Chemotherapy and hormonal therapy are systemic

therapies.

Most women with breast cancer will have some sort of surgery. The purpose is to remove as much of the cancer as possible. There are several surgical options, such as a lumpectomy, which is the removal of the lump only, followed by 6 weeks of chemotherapy. Mastectomy, whether partial or total, involves removing either part of or the whole breast. Normally, the surrounding lymph nodes will also be dissected to evaluate if the cancer has spread. After healing from the surgery, a woman also has the option to have reconstructive or breast implant surgery. This decreases disfigurement and greatly aids emotional health.

Chemotherapy refers to the use of drugs to kill cancer cells. The drugs can be given by vein or mouth. The drugs enter the patient’s bloodstream to kill any cancer cells located elsewhere in the body. If given after surgery, it may help reduce the chance of cancer coming back. Although there are side effects with chemotherapy, most of the side effects will go away once treatment is over. Hormone therapy is used to block the effects of estrogen, which can feed cancer cells. Tamoxifen is given to block cancer cell growth and has also been found to prevent breast cancer.

Radiation therapy is treatment with high-energy rays to kill or shrink cancerous cells. It is similar to having an X-ray, but for a longer period of time. The treatment itself is painless, but it has side effects. These side effects subside when treatment is finished.

A combination of treatments can lead to survivability. New treatments and therapies are increasing the breast cancer survival rates every day. At Tyndall, once you have been diagnosed with breast cancer, you will be referred to civilian specialists downtown.

Some great websites for more information on breast health and breast cancer are:

- American Cancer Society, [www.cancer.org](http://www.cancer.org), phone (800) 227-2345.
- Susan G. Komen Foundation, [www.breastcancerinfo.com](http://www.breastcancerinfo.com)
- National Cancer Institute, Cancer information service, [www.nci.nih.gov](http://www.nci.nih.gov), phone (800) 422-6237.
- National Alliance of Breast Cancer Organizations, [www.nabco.org](http://www.nabco.org), phone (217) 719-0154.

For more information locally, contact Capt. Laura J. Palm, the Tyndall Breast Health Initiatives point of contact, 283-7594.



## Combined Federal Campaign: Why I give

*2nd Lt. Esmeralda M. Najera*

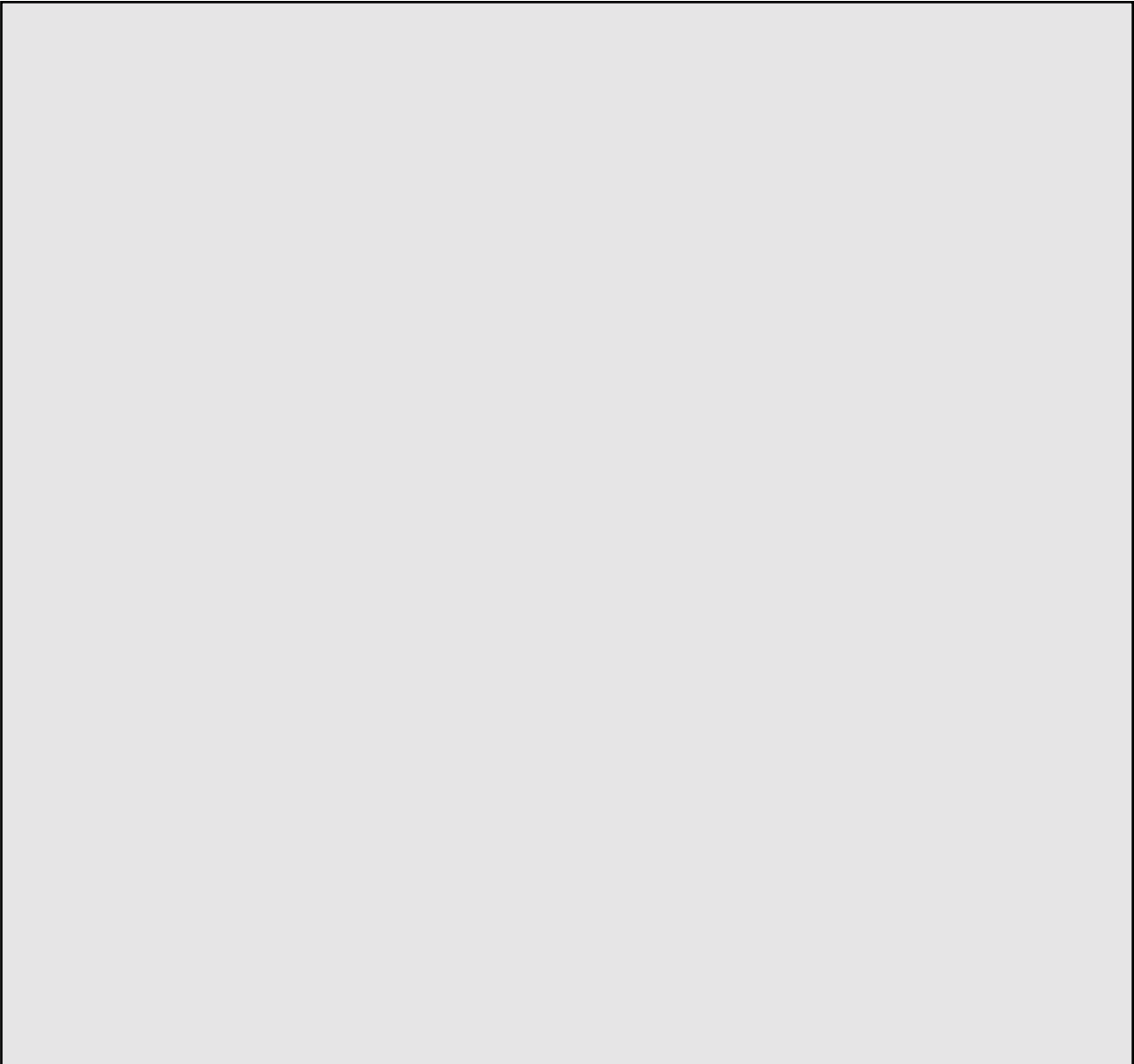
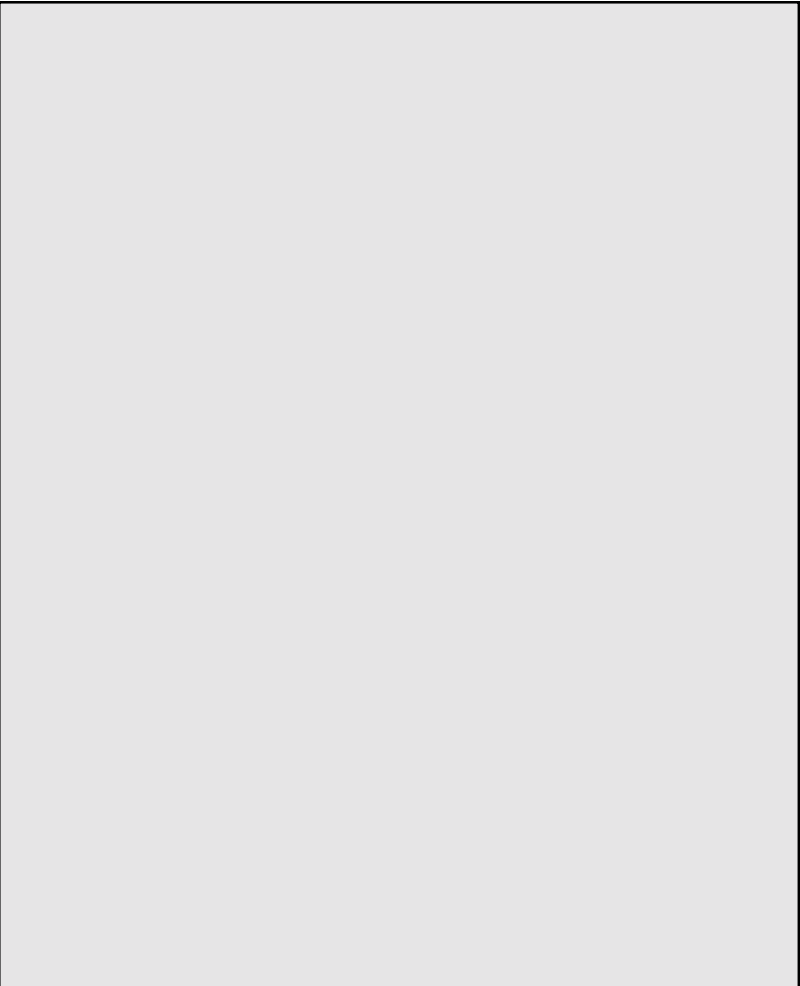
**Unit:** 325th Training Squadron  
**Job Title:** Air Battle Management student  
**Hometown:** Amarillo, Texas  
**Why I give:** “Because every ten or 20 cents or \$100-\$200 we give every month can make a big difference.”



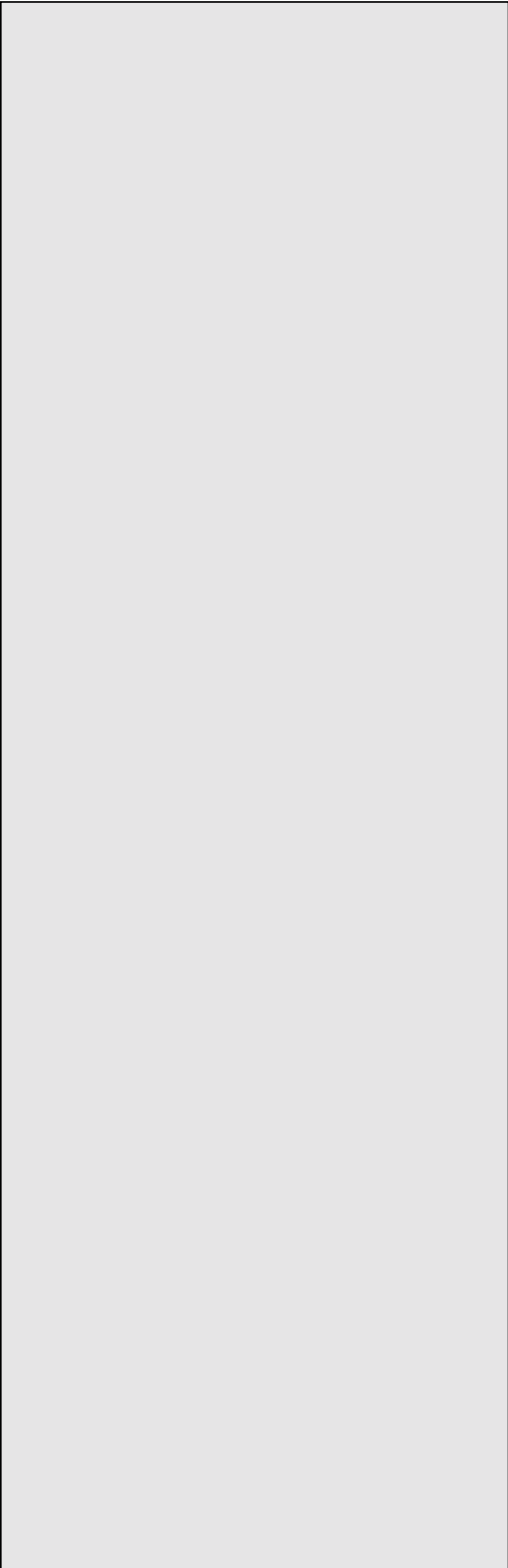
Master Sgt. Rob Fuller

## Tyndall’s chapel schedule

<b>Protestant</b> Communion Service: 9:30 a.m. Chapel 1 General Protestant Service: 11 a.m. Chapel 2 Sunday school: 9:30 a.m. Kids’ Club: 2:45-5:45 p.m. Wednesday <b>Catholic</b> Daily Mass: noon Monday through Friday, Chapel 2;	Reconciliation: 4 p.m. Saturday Mass: 5 p.m. Saturday, Chapel 2 Mass: 9:30 a.m. Sunday, Chapel 2 Religious education: 10:50 a.m. Sunday Chapel 2: 283-2925 <b>Other faith groups:</b> Call 283-2925
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# Team members should show Tyndall pride

**1st Lt. Brad Eychner**  
*325th Operations Support Squadron*  
**1st Lt. Jonelle Eychner**  
*325th Services Squadron*

Let me ask you a question. If you were lying on an operating table and the doctor walked in looking like the lead singer for that band that your 13-year-old son has been raving about lately, what would your reaction be? Would you trust that guy? Would you place your life in his hands and let him operate on you? No? And neither would I!

How about this one... my father used to give me this example about how to succeed in college. Restaurant #1: You go into a restaurant and order a hamburger. The waiter brings it out and this is what you see: The first thing that catches your eye is the paper plate that looks like the kitchen staff dug it out of the trash. There's a little ketchup smear on the plate, but you figure it came from the ketchup they just put on the burger. Then you notice the bun. It's about the size of a silver dollar and it looks like the cook stepped on it before putting it on your paper plate. Then you see the burger. It's about half the size of the bun and burned to a crisp! You also notice that there's nothing on it, no vegetables, no cheese, and no (GULP) ketchup! — hmmm — Where did that ketchup come from? (Maybe you shouldn't have told the waiter that he needs a shower or asked him if he's ever heard of a razor!) That's it, nothing else but a very unappetizing, (well, I guess you could call it a) hamburger.

Restaurant #2: You go into a restaurant and order a hamburger. The waiter brings it out and this is what you

see: The first thing that catches your eye is the fine china plate. Then you notice the size of the hamburger bun and how fresh it is. The hamburger patty itself is grilled to perfection, and you see the freshly cut vegetables, lettuce, tomatoes, pickles and onions. You tell your buddy, look, three kinds of cheese! Along with it is a huge pile of french fries and around the side of the plate, you notice the garnish... I don't believe I need to finish this example for you to understand what the point is.

You and I wake up every morning, put on a uniform and rush off to work. That uniform we put on defines what we are, what we do, and how we act and work. We are members of the finest Air Force in the entire world. And to think that there are people in this Air Force, and sadly enough, even people at Tyndall, that take little or no pride in how they wear the very uniform that sets us apart from everyone else.

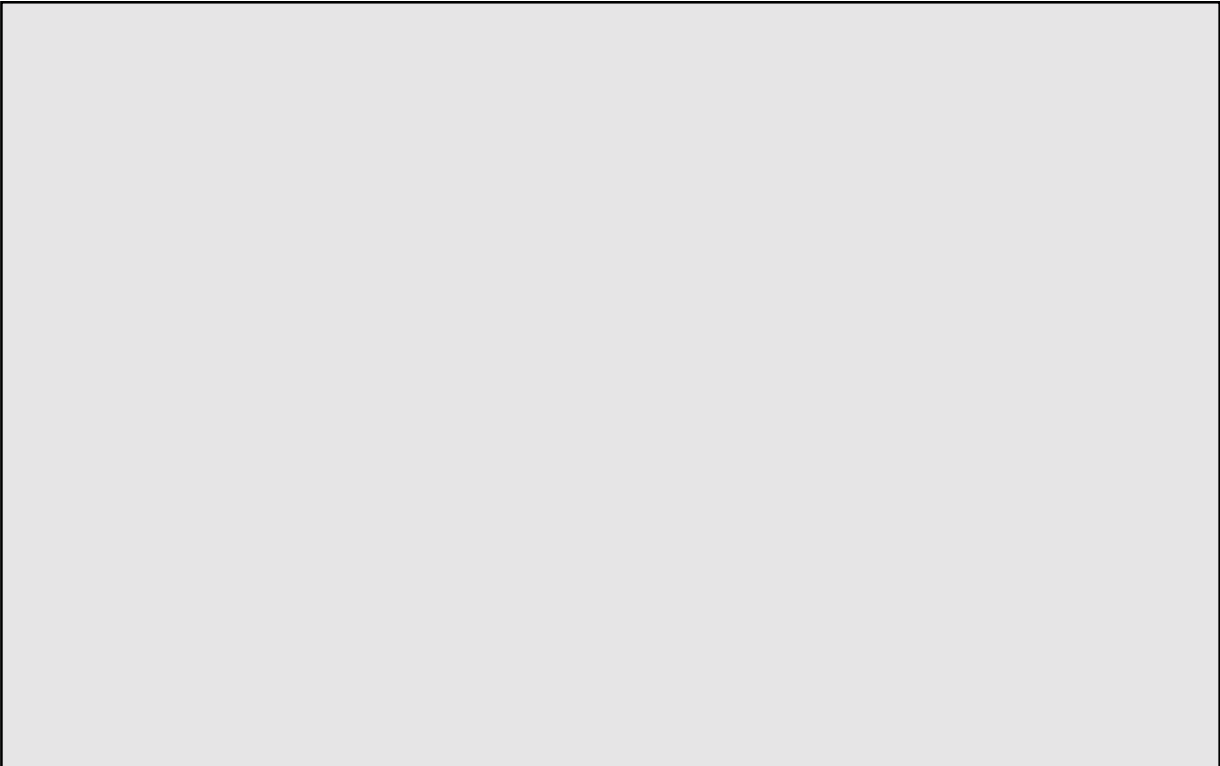
Jerry Rice, one of the greatest wide receivers to ever play in the National Football League, used to have an extensive pre-game ritual. He had to have a new pair of socks, a new pair of shoes, a perfectly shined helmet, pants with no stains from last week's game and a clean jersey. He would say, "90 percent of playing good is looking good!" Wow! How true that actually is. If you look sharp, it shows that you have pride and the willingness to move mountains. But if you have the "no one else has pride in their uniform" mentality, then we are precariously perched at the top of a very slippery slope. You've got to admit that it really gives you a sense of pride when you see a uniform worn well. If it

doesn't, it should! Shined shoes, straight gig line, crisp seams, highly polished insignias, and a fresh hair cut to top it all off certainly set the standard for excellence.

Take some responsibility and ensure that the people in your shop are wearing their uniforms correctly, too. How do you tell the general that he has a cable so long, he could pick up the services movie channel at Al Jaber AB, Kuwait? You say... "Excuse me, sir, but you have a cable there on your pocket." He's not going to dress you down or jump down your throat with anger... he'll say "Thanks! I didn't see that one."

Take the initiative, bust out that little tub of Kiwi and rub some polish on those boots. Take out that iron and put a crease in those battle dress uniforms. Wear that cover like it should be worn... not like it's the bottom of the seventh with one out and your team down by two runs. Take some pride in the uniform that too many of our fellow service members have died to protect. Don't do it for me, and don't do it for your supervisor. Do it to show the rest of the world that you take pride in the very difficult job that you have of defending this great nation of ours. Do it because you are in the public eye and a representative of all the people who wear the same uniform you do.

One final image, and I'll let you draw the conclusion. Imagine driving through the main gate and seeing the gate guard in a pair of starched, pressed BDUs. He has creases where they're supposed to be, boots that look like mirrors, a fresh haircut and a salute so crisp you want to stop and compliment him on it... that is how we want visitors to first meet Team Tyndall.



Your link  
to what's going on

Gulf  
Guide

OCTOBER

FRI 27

**Comptroller squadron closure**  
The 325th Comptroller Squadron will close noon today for an official function.

**Dining out**

Tickets are now on sale for Team Tyndall's Dining out Nov. 18 at the Pelican Reef Enlisted Club. The Dining out is a formal dinner for military, nonmilitary spouses, friends and civilians. Military members must wear the mess dress or the semi-formal uniform. Cost: E-1 through E-4, \$15; E-5 through E-6, \$18; E-7 through O-4, \$22; O-5 and above, \$25. The surcharge for non-club members is \$3. Limited seating will be available. For tickets or more information, see your first sergeant.

SAT 28

**Horse show**  
A horse show sponsored by the Bonita Bay Equestrian Center and the Bay County 4H club will be 9:30 a.m. Saturday at Tyndall's equestrian facility. Everyone is invited to attend. For more information, call Cindy Workman, 283-3194.

MON 30

**'Moms, Pops & Tots'**  
The parent and child interaction play group, "Moms, Pops & Tots", for parents and their under-age-5 children meets 9:30-11a.m. every Monday at the youth center. For more information, call 286-5812.

TUE 31

**Food locker drive**  
The Tyndall First Sergeants' food locker drive will be 10 a.m.-4 p.m. Tuesday in front of the commissary.

NOVEMBER

WED 1

**CGOC meeting**  
A Company Grade Officers' Council meeting will be 4:30 p.m. Wednesday at the Tyndall Officers' Club. Discussion topics will include the upcoming Special Friends Christmas party and a bone marrow drive. All CGOs are encouraged to attend. For more information, call Capt. Mark Sotallaro, 283-2039.

**Breast-exam class**

The American Cancer Society's "Triple Touch Self-Breast Exam" class will be 11 a.m.-1 p.m. Wednesday at the health and wellness center. Participants are to bring their own lunches. For more information or to sign up, call the health and wellness center, 283-3826.

**Parenthood-preparation course**

A four-session parenthood-preparation course will be 3-5 p.m. Wednesday, Nov. 8, 15 and Nov. 29 in the family advocacy conference room. The class will cover basic infant care and development, care of a sick infant and how

to cope with a crying baby. For more information or to register, call family advocacy, 283-7272.

**Stress-management workshop**

A three-session stress-management workshop will be 1-3 p.m. Wednesday, Nov. 8 and Nov. 15 in the family advocacy conference room. The course will include identifying the symptoms and causes of stress and developing an effective stress-management plan. For more information, call family advocacy, 283-7272.

THU 2

**CCAF graduation ceremony**  
The Community College of the Air Force graduation ceremony, formerly scheduled for 2 p.m. Thursday, will be 9 a.m. Thursday in the Pelican Reef Enlisted Club Ballroom, followed by a reception in the Classics Lounge.

**Education center closure**

The Tyndall Education Center will be closed 7:30 a.m.-noon Thursday for the Community College of the Air Force Graduation.

SAT 4

**Motorcycle safety rodeo**  
A free motorcycle safety rodeo will be 10 a.m.-2 p.m. Nov. 4 at the motorcycle range located on Louisiana Avenue. The rodeo is being held to improve safety in the motorcycle environment by increasing rider skills and awareness so as to reduce the chances of being injured in an accident. A free barbecue will be provided for all participants. For more information, call Rudy Wallace at the community activities center, 283-2495.

MON 6

**Anger-management workshop**  
A three-session anger-management workshop will be 1-3 p.m. Nov. 6, 13 and Nov. 20 in the family advocacy conference room. The course will include recognizing and identifying the causes of anger and developing effective anger-management strategies. For more information, call family advocacy, 283-7272.

NOTES

**FSU office**

The new Florida State University on-base office is now open 1-3:30 p.m. Mondays and Wednesdays in Room 30 of the education center. In addition, Bob Shaw will be available 3-4 p.m. every Tuesday in Room 30 to talk with students about the bachelor's degree program in information studies offered at the FSU Panama City campus.

**Minnesota Air National Guard openings**

Immediate part-time Minnesota Air National Guard positions are available with the 148th Fighter Wing, Duluth, Minn., for those wanting to use the 'Palace Chase' and 'Palace Front' programs. For more information, call the Duluth recruiter, DSN 825-7244, (800) 831-7027 or FAX: DSN 825-7532. You may also call the military personnel

flight customer service office, 283-3198.

**Privately owned weapons**

Military members who reside in temporary lodging, enlisted or officer dormitories or have family members who are paid for providing child-care services in base housing are not allowed to store privately owned weapons in their quarters. These members may use the 325th Security Forces Squadron POW courtesy storage program. Weapon-storage in privately owned vehicles is also not permitted. For more information about POW storage, call combat arms, 283-2114.

**Nursing-moms' program**

A nursing-moms' program is available for Air Force families enrolled in the new parent support program and whose sponsor is technical sergeant and below. First and second lieutenants can also be assisted through this program. For more information, call the family advocacy nurse, Rosemary Cunningham, 283-7272.

**Volunteer speakers needed**

The Tyndall Speakers' Bureau is in need of volunteers. Military and civilians of all ranks and grades are encouraged to volunteer to help tell local schools and civic organizations about the Air Force and its mission. For more information or to volunteer, call 283-8572.

RETIREE NEWS

**Address changes**

Retirees are reminded that the Tyndall Retiree Activities Office is not authorized to make address changes for retirees. The Defense Finance Center in Cleveland is the central clearinghouse for all military pay records.

The Denver Finance and Accounting Service office handles accounts for annuitants. Many retirees who have their monthly payments sent electronically to their banks often forget that the DFAS also maintains a correspondence address for them. Even if a move does not result in a change of banks, the retiree should still provide the new address to the DFAS. This enables delivery of periodic information from DFAS as well as the RAO newsletter and the Afterburner newsletter.

Any time a change is made to a mailing address, one of the following offices should be informed in writing:

**Retirees:** DFAS-Cleveland Center, DFAS-CL/FRB, P.O. Box 99191, Cleveland, Ohio, 44199-1126. Mark the envelope "change of address" and include retired grade and Social Security number.

**Annuitants** (surviving spouses who receive pay under the Survivor Benefit Plan or Retired Serviceman's Family Protection Plan): DFAS-Denver Center, DFAS-DE/FRB, 6760 E. Irvington Place, Denver, Colo., 80279-6000. Include retired grade and SSN of sponsor and your SSN.

**Non-annuitants** (surviving spouses of Air Force retirees not receiving an Air Force annuity): HQ AFPC/DPPTR, 550 C Street West, Suite 11, Randolph AFB, Texas, 78150-4713. Include sponsor's retired grade and SSN.

YARD SALES

The following yard sales are scheduled for Saturday: 3507-A Clay Court, 3178-B Voodoo Drive and 3416-A Smith St. All yard sales are held between 8 a.m.-4 p.m.

BASE THEATER

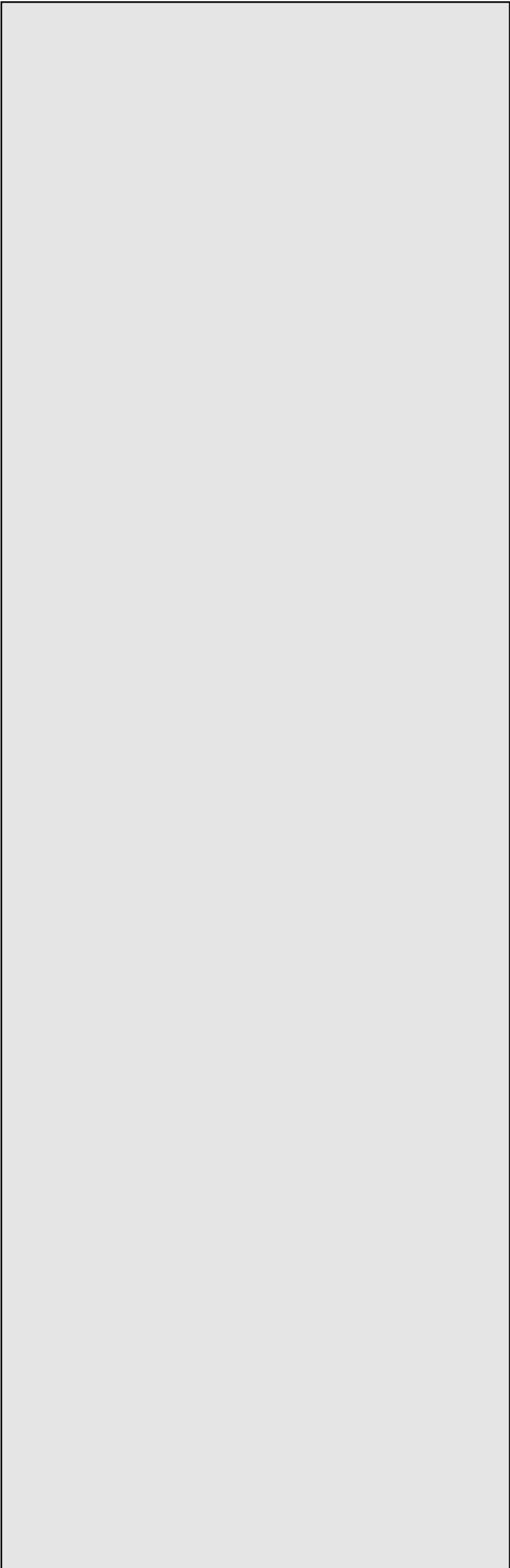
**Today:** "The Original Kings of Comedy" (R, language and sex-related humor, 117 min.)

**Saturday:** "The Original Kings of Comedy"

**Sunday:** "Bait" (R, violence, language and sexuality, 119 min.)

**Thursday:** "Bait"





# Combat photographers risk all to document war

**Linda D. Kozaryn**  
*American Forces Press Service*

**WASHINGTON (AFPN)** — Dick Taylor, Norman Hatch, Donald Honeyman — you may not know their names or faces, but you’ve probably seen their work.

These military photographers captured a lasting visual history of World War II. Taylor was on the beaches of Normandy on D-Day. Hatch captured the Marines’ triumph atop Mount Suribachi on Iwo Jima. Honeyman was at the liberation of Manila.

The Department of Defense paid tribute to the military’s past and present combat cameramen at a recent Pentagon reception and film preview. Defense Secretary William S. Cohen and his wife, Janet Langhart Cohen, invited more than 250 defense leaders, commanders and corporate executives to the recent screening of the Dreamworks film “The Shooting War.”

Richard Schickel, a Time Magazine film critic, produced the 90-minute documentary about World War II combat photographers. It includes missing footage shot by Academy Award-winning director John Ford on the beaches of Normandy. Melvyn R. Paisley, a World War II aviator and former assistant secretary of the Navy, found the several reels of film in 1998 at the National Archives.

In opening remarks at the screening, Cohen thanked these men and the other combat photographers who “caught” the images of World War II, Korea, Vietnam, the Gulf War, Bosnia and Kosovo. He said America is indebted to the heroism and the courage of the men and women armed only with cameras who show what the nation’s service members go through and the sacrifices they make.

Cohen, who first saw the film during D-Day commemoration ceremonies in New Orleans in June, said Dreamworks executive and film director Steven Spielberg had asked Schickel not to “pretty it up,” and Schickel complied.

“This is not Hollywood,” Cohen stressed to the Pentagon audience. “This is real, and you will see scenes that will catch your throat in terms of their emotional impact.”

Actor Tom Hanks and historian author Stephen Ambrose narrate the film, due to be aired on ABC television later this year. “In their hands, the camera became a weapon more potent than a rifle — a weapon whose impact resonates even more powerfully now, as memory is transformed into history,” Hanks states as the film opens.

Much of the dramatic, tragic footage was not released in full during the war, Schickel said, because “we didn’t want to show American losses and American pain. Now it’s many years later and we can show all of that. I think it is to our advantage to show all of the story of World War II which includes the pain, the suffering, the losses.”

The film shows the wounded, the dying, the dead. It depicts the destruction and devastation of war. A Japanese woman tragically throws her baby and then herself off a cliff rather than surrender. Japanese kamikaze pilots crash into U.S. carriers off Okinawa. It also shows Italian dictator Benito Mussolini after his hanging death in Milan and the Jewish corpses of Dachau.

As he worked with the photographers and their footage, Schickel said he realized they were making “an intimate epic,” beginning at Pearl Harbor and ending at Nagasaki. The film embraces every branch of the service and many of the most significant battles of World War II, he said, “but it is told through the eyes of men who were anonymous, for the large part, in gathering this footage.”

The documentary highlights more than 20 veteran photographers who talk about their work recording the realities of war.

“I loved it, because it was dangerous,” one combat photographer said.

“I’m a ‘fraidy cat,’” admitted another, “but if there was a job to do, I did it.”

“No matter how horrible the action was that you were covering,” still another explained, “when you looked through that glass, that glass was your filter.”

“I got carried away one time and got out in front of the gun firing, and that was a big mistake because the muzzle blast got me and knocked me about 40 feet ass over tea kettle,” said another.

“I don’t know if these men are part of the ‘Greatest Generation,’” Schickel concluded. “But I do know this: In getting to know them to make this film, their dutifulness, their modesty and their common decency impressed me inordinately, and I think it will impress you.”

Prior to the screening, the Cohens’ guests had a chance to view a static display of photos and equipment. Combat camera personnel from the Air Force’s 1st Combat Camera Squadron, Army’s 55th Signal Company, Marine Corps Combat Camera and Navy Fleet Combat Camera Group were on hand to answer questions.

Staff Sgt. Jeffrey Allen of Erie, Pa., an aerial photojournalist with the 1st Combat Camera Squadron, based at Charleston AFB, S.C., said his unit takes pictures of joint operations around the world. He’s been to Somalia and, most recently, he flew bombing missions over Kosovo.

“I took this job out of basic training because it was offered without a tech school,” Allen said. “I didn’t realize that I’d gotten so lucky in what I picked. It’s a great job. We get to fly in just about every type of plane the military has — as long as it has two seats,” he said.

Petty Officer 3rd class Heather Contant of Pensacola, Fla., a video editor with the Navy’s combat camera team in Norfolk, Va., demonstrated her editing skills. She noted to one guest that she had just returned from covering training exercises at Vieques Island, Puerto Rico, with a team of three still photographers and three videographers.

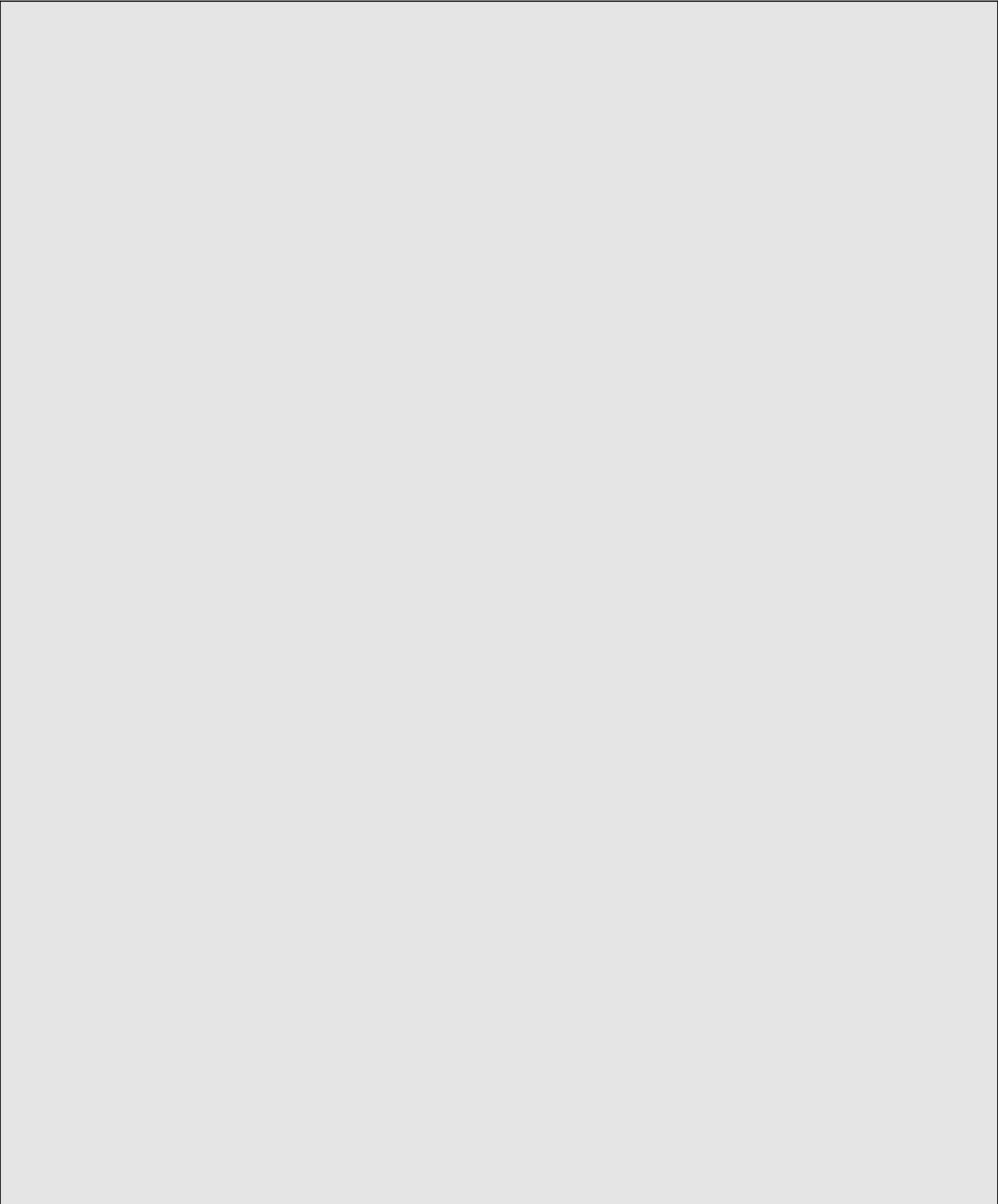
“It’s like no other job in the Navy,” Contant said of her four years with combat camera. “We work with all branches of service. We’re all over the world. We’re not just stuck on a ship. There’s a lot more opportunity to see the world. I’ve been to Albania, Kosovo, Crete, Greece, Italy. Anywhere something’s going on, we’re there.”

The military’s joint combat camera teams document, process and transmit still and motion imagery to support air, sea and ground combat operations, according to Air Force Master Sgt. Chuck Reger, operations chief for the DOD’s Joint Combat Camera Center.

“We’re a low-density, high-demand type of organization in all the services,” he said. There are only about 360 active duty and 230 Guard and Reserve combat camera photographers in all, and they play an important role in every contingency operation, training exercise or humanitarian relief mission, he noted.

Whether the mission involves mine clearing, doing damage surveys, settling disputes among local residents, aiding refugees or documenting war crimes — the military’s combat cameramen are there, said Reger, who has spent 11 years in combat camera field units.

“They provide the historical documentation of those events, but more importantly, they provide a tool for the commanders and the decision makers in the national capital region to be able to look at events as they unfold and make decisions about what needs to be done.”





# Tyndall classifieds

- 1991 Vulcan 500, two helmets, vests, more. Excellent condition, 10K miles, asking \$1,925. For more details, call Brian, 871-2380.
- 1993 Acura Integra GS, fully loaded. Viper alarm,

Sony CD player, lowering springs, window tint, sunroof, power everything, \$5,000 OBO. Call 871-0346.

- Two wicker bassinets with eyelet skirting, \$30 each. Four bassinet sheets, \$2 each. Call 286-2932.



## Place an ad, make a deal



## Bowl a few frames at *Raptor Lanes*



Hours of operation

Monday-Wednesday: 10 a.m.-10 p.m.

Thursday: 9 a.m.-midnight

Friday: 10 a.m.-2 a.m.

Saturday: 9 a.m.-2 a.m.

Sunday: 1-8 p.m.

# Sports and Fitness

## Tyndall Tigers split with Keesler

**Master Sgt. Terrell Reid**  
*Air Force Civil Engineer Support Agency executive support manager*

The Tyndall Tigers men’s varsity basketball team, sponsored by King Aerospace, split their two-game season opener with the Dragons from Keesler AFB, Miss. in Southeastern Military Athletic Conference action Saturday and Sunday.

Tyndall Tigers player Israel Figueroa set the pace scoring 26 of Tyndall’s 37 first-half points to offset a balanced attack by Keesler and took a 37–34 lead into the intermission. The Dragons were determined to stop Figueroa with the double team, so the Tigers went to a balance attack breaking the press with good passing to the open man. This allowed Walter Watkins to heat

up, hitting seven 3-pointers in the second half to open up an 11-point lead. A scrambling Keesler team watched eight of nine Tigers score in the second half. Tyndall converted clutch free throws in crunch time to take an 88–82 victory Saturday.

Israel Figueroa paced the Tigers with a game high of 31 points, followed by Walt Watkins with 26, Lance Clark with 10, Malik Taylor and Bobby Hargis each with seven points. Figueroa led Tyndall in rebounding with 12 and had nine assists. Ed Simpson led Keesler in scoring with a game-high 22 points.

On Sunday, the Tigers and Dragons again played evenly throughout the first 10 minutes of play. The Tigers led by as much as six before going cold. Over the next 10 minutes of the half, Keesler went on a 25–12 run to take a 55-39 lead

at halftime. In the second half, with the outside game slumping, the Tigers tried taking the ball inside. This proved somewhat successful, but was hampered by turnovers and poor free-throw shooting, going 12 for 25 from the line. With the Tigers unable to break the 10-point margin, the Dragons cruised to a 94–80 victory.

Watkins and Figueroa lead the Tigers in scoring with 21 and 20 points respectively, followed by Hargis with 13 and Clark and Tarrence Gardner with eight points each. Figueroa led the Tigers in rebounding with nine plus four block shots. Simpson again led Keesler in scoring with a game-high 32 points.

This weekend the Tigers will travel to Eglin to face the Eagles in SEMAC men’s regular season games Saturday and Sunday.

Intramural flag football standings

Large squadron

Team	Wins	Losses	GB
95 FS 1	7	0	—
OSS	5	0	1
CES	6	1	1
TRS	4	1	2
1 FS	3	3	3.5
MSS	3	4	4
325 MDG	2	4	4.5
COMM	2	5	5
SEADS	1	4	5
95 FS 2	1	5	5.5
2 FS	0	7	7

Small squadron

Team	Wins	Losses	GB
SFS	7	1	—
83 FWS	7	2	1.0
MXS	6	3	1.5
CONS	3	6	4.0
Army	3	6	4.5
82 ATRS	0	8	7

Intramural  
golf  
standings

Squadron	Points
CONR 1	62.5
CES	60.5
TRS	60
AFCESA	53.5
SVS	53.5
MXS	44.5
MSS	44
SEADS	40.5
LSS 1	39
Test 1	29.5
OSS	26
CONR 2	23
RHS	20.5
83 FWS	19.5
81 TSS	19.5
CONR 3	17
COMM	14
372 TRS	11
LSS 2	3.5

Tyndall Pride

Beepers and cell phones are prohibited unless required to perform duties. Must be clipped to waistband or purse or carried in left hand when authorized. — AFI 36-2903.



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together!

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here to help. If  
you need  
assistance, call  
your  
TRICARE  
service center,  
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Know the rules?  
Be a referee.

Intramural basketball officials are needed for refereeing games at Tyndall and the Naval Coastal Systems Station beginning in mid-November. For more information call Jeff Julian, 785-6403.







Combined Federal Campaign:  
Why I give

*Marcy Sieg*

**Unit:** 325th Comptroller Squadron

**Job Title:** Budget analyst

**Hometown:** Panama City


**Why I give:** “It’s a great cause. I have been very fortunate in life and would like to give something back.”



Master Sgt. Rob Fuller

Tyndall’s chapel schedule

<b>Protestant</b>	Reconciliation: 4 p.m. Satur-day
Communion Service: 9:30 a.m. Chapel 1	Mass: 5 p.m. Saturday, Chapel 2
General Protestant Service: 11 a.m. Chapel 2	Mass: 9:30 a.m. Sunday, Chapel 2
Sunday school: 9:30 a.m.	Religious education: 10:50 a.m. Sunday
Kids’ Club: 2:45-5:45 p.m. Wednesday	Chapel 2: 283-2925
<b>Catholic</b>	<b>Other faith groups:</b> Call 283-2925
Daily Mass: noon Monday through Friday, Chapel 2;	



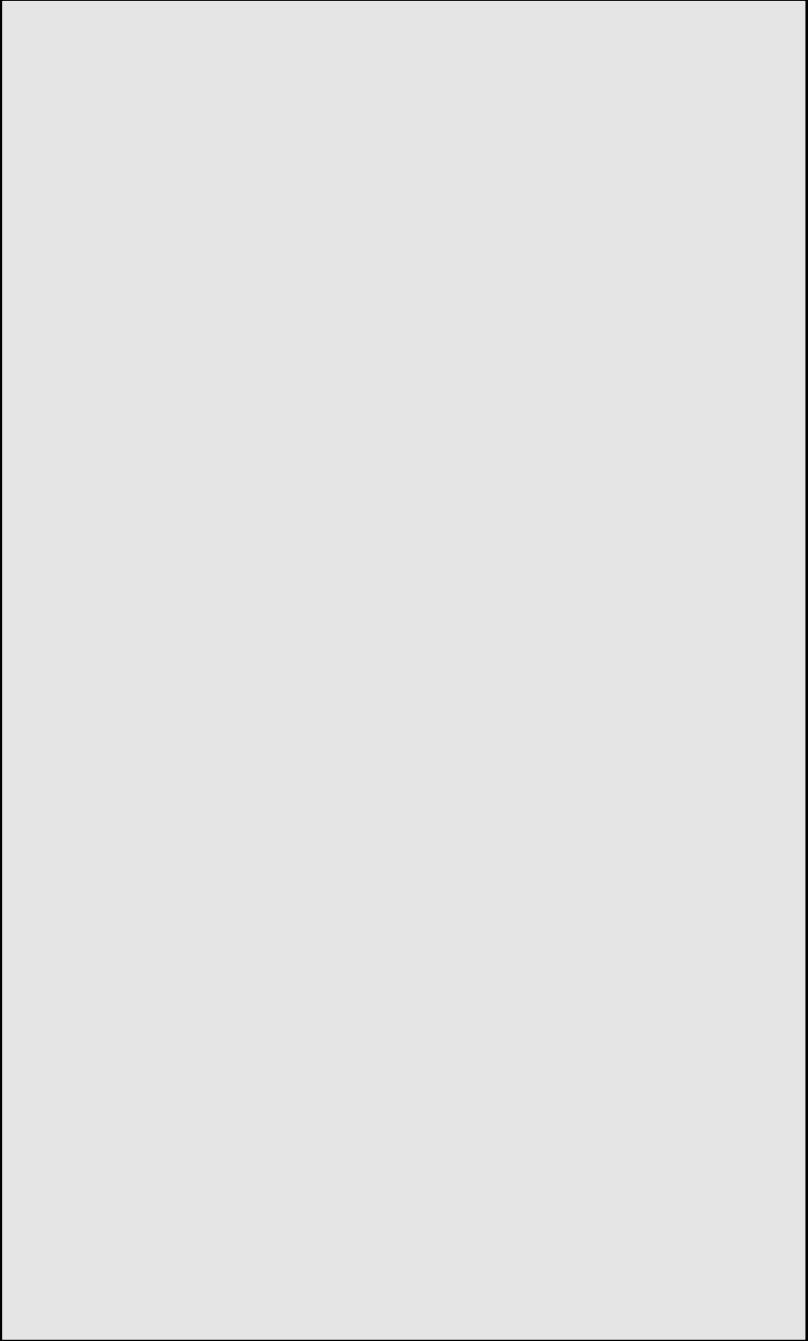
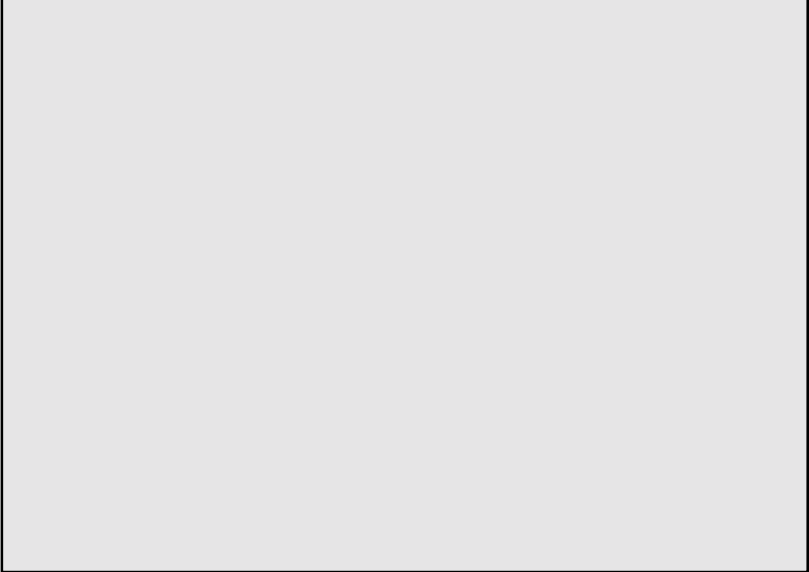
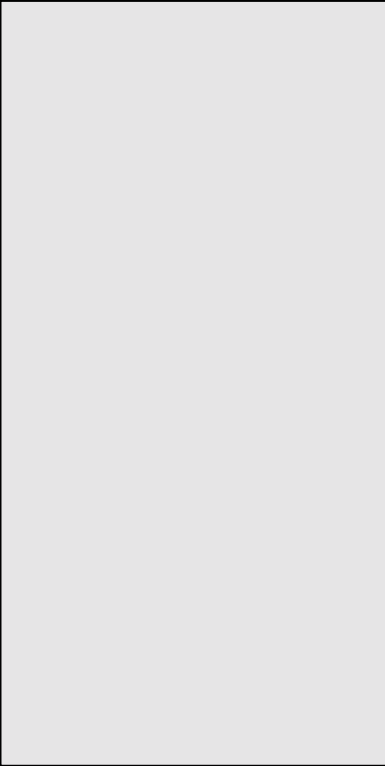
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**AMERICAN CANCER SOCIETY**

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1-800-ACS-2345  
www.cancer.org

Save a friend's life.



# Sports and Fitness

## Intramural flag football standings

### Large squadron

Team	Wins	Losses	GB
95 FS 1	6	0	—
OSS	5	0	.5
CES	4	0	1
TRS	5	1	1
1 FS	2	3	3.5
MSS	2	3	3.5
325 MDG	2	4	4
COMM	2	4	4
SEADS	1	4	4.5
95 FS 2	1	4	4.5
2 FS	0	7	6.5

### Small squadron

Team	Wins	Losses	GB
83 FWS	6	1	—
SFS	5	1	.5
MXS	4	3	2.
CONS	3	3	2.5
Army	2	5	4
82 ATRS	0	7	6



**Know the rules? Be a ref**

Intramural basketball officials are needed for refereeing games at Tyndall and the Naval Coastal Systems Station beginning in mid-November. For more information call Jeff Julian, 785-6403.

## Intramural golf standings

Squadron	Points
CONR 1	62.5
CES	55.5
TRS	54
AFCESA	52.5
SVS	47.5
MXS	44.5
MSS	41
SEADS	40.5
LSS 1	33
Test 1	26.5
OSS	26
RHS	20.5
CONR 2	20
CONR 3	17
83 FWS	16.5
COMM	14
81 TSS	13.5
372 TRS	11
LSS 2	3.5



# Tyndall classifieds

- 1991 Vulcan 500, two helmets, vests, more. Excellent condition, 10K miles, asking \$1,925. For more details, call Brian, 871-2380.
  - 1995 Harley Davidson Sportster, 7,500 miles, excellent condition. Must see, \$8,000 OBO. Call 871-0632.
- 1996 Jeep Grand Cherokee 4X4, fully loaded. Runs great, meticulous service record, \$10,000 OBO. Call Karl, 763-5583.



Place an ad,  
make a deal



## Bowl a few frames at *Raptor Lanes*



Hours of operation  
Monday-Wednesday: 10 a.m.-10 p.m.  
Thursday: 9 a.m.-midnight  
Friday: 10 a.m.-2 a.m.  
Saturday: 9 a.m.-2 a.m.  
Sunday: 1-8 p.m.

Help Us Conserve



YOU HAVE  
the POWER.

**For:** All Tyndall active-duty military members, dependents, Department of Defense civilians, contract personnel and retirees may make submissions.

**Other guidelines:**

Classified request forms must be picked up in person at the Tyndall Public Affairs office, Building 662, Suite 129. Specific policy guidelines are stated below.

- Only personal items less than \$20,000 and pet sales under \$50 will be placed in this section.
- Each submission will run for one week. People wishing to have their item run more than one week must resubmit a request form each week.
- Twenty (20) word limit.
- Only one advertisement per person, per week may be submitted.
- All advertisements are on a first-come, first-serve, space-available basis.
- There is no guarantee of publication.

- Deadline is 4 p.m. Thursday the week prior to publication.
- Forms may be either faxed or dropped off in person to the Tyndall Public Affairs office, Building 662, Suite 129.
- No real estate or rental advertisements will be accepted.
- No businesses, services or events will be accepted. Example: childcare, house cleaning, yard service, handyman.
- The public affairs office is not responsible for sales or claims made by sellers regarding property condition or value.
- All requests for publication must have a contact name and home telephone number.
- The public affairs officer reserves the right to review and edit or refuse any advertisement.
- Personal or relationship-seeking advertisements will not be accepted.
- For more information about the Gulf Defender's classified advertisements, call Tech. Sgt. Sean E. Cobb, 283-2973.

Are you feeling stressed and  
have muscular back pain?

## Get a massage!



one hour \$35  
half hour \$20

The massage therapist located in the Tyndall Health and Wellness Center can massage your worries away. Call 283-2631 for an appointment.